

PETTERI SILENIUS

1 - 3 December 2023

Sunyata Aikido Dojo Heggedal inviterer til leir med Petteri Silenius, 7 dan Shihan Aikikai

Place

Sunyata Aikido Dojo - Heggedal
Heggedal fabrikk, Åmotveien 2
(bygg 11, right at the end of the road).

Price

Aikido Seminar kr. 600,-
Katori seminar 400,-
Per session kr. 150,-

Schedule

FRIDAY (Aikido)

18.30 - 19.30 Weapon
19.40 - 20.40 Aikido

SATURDAY (Aikido)

11.00 - 12.00 Weapon

12.10 - 13.10 Aikido
15.00 - 16.30 Aikido
Dojo party
after training

SUNDAY Katori (closed)

11.00 - 12.00
12.00 - 13.00
13.00 - 14.00

Ta med jo og bokken

For mer informasjon ring
Mouliko Halén: 93027309

Welcome!



Sunyata
Aikido Dojo

Petteri Silenius
started aikido 1978

Aikido 7th dan shihan Aikikai

Kyoshi menkyo Katori shinto ryu under
Sugawaa Tetsutaka-sensei

Professional budo instructor since 1992

Long time close student with senseis
Kobayashi Yasuo, Igarashi Kazuo and
Sugawara Tetsutaka

Other martial arts: iaido,
escrima, pekiti tirsia.